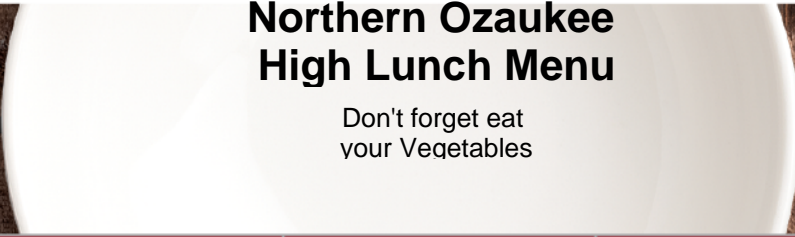




# Northern Ozaukee High Lunch Menu

Don't forget eat your Vegetables

October 2020



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>ChooseMyPlate.gov</p>			<p>1</p> <p>Italian Meatball Sub Corn Kettle Potato Chips</p> <p>Crispy Chicken Sandwich Golden French Fries</p> <p>Canned Fruit 1% Milk</p>	<p>2</p> <p>Cheese Bread Pasta with Meat Sauce California Blend Vegetable</p> <p>Cheese Pizza Sausage &amp; Pepperoni Pizza</p> <p>Canned Fruit 1% Milk</p>
<p>5</p> <p>Meatballs and Gravy Egg Noodles Garlic &amp; Herb Broccoli Whole Grain Dinner Roll</p> <p>Crispy Chicken Nuggets Golden French Fries</p> <p>Canned Fruit 1% Milk</p>	<p>6</p> <p>Crispy Chicken Sandwich French Toast Sticks</p> <p>Cheese Pizza Pepperoni Pizza</p> <p>Vegetable Selection Canned Fruit 1% Milk</p>	<p>7</p> <p>Cheese Quesadilla Refried Beans Brown Rice</p> <p>Corn Dog Golden French Fries</p> <p>Canned Fruit</p>	<p>8</p> <p>BBQ Pulled Pork Sandwich Baked Beans Kettle Potato Chips</p> <p>Pepperoni Pizza Sausage Pizza</p> <p>Canned Fruit 1% Milk</p>	<p>9</p>
<p>12</p> <p>Chicken &amp; Gravy Mashed Potatoes Whole Grain Dinner Roll Steamed Carrots</p> <p>Crispy Chicken Nuggets</p> <p>Canned Fruit 1% Milk</p>	<p>13</p> <p>Beef Hotdog on a Bun Macaroni &amp; Cheese Green Beans</p> <p>Cheese Pizza Pepperoni Pizza</p> <p>Canned Fruit 1% Milk</p>	<p>14</p> <p>Pasta with Meat Sauce Garlic Toast Mediterranean Soup</p> <p>Mini Corn Dogs Golden French Fries</p> <p>Canned Fruit 1% Milk</p>	<p>15</p> <p>Turkey Deli Sub Sandwich Kettle Potato Chips Vegetable Selection</p> <p>BBQ Rib Sandwich Golden French Fries</p> <p>Canned Fruit 1% Milk</p>	<p>16</p> <p>Cheese Pizza Garlic &amp; Herb Broccoli</p> <p>Cheeseburger on Bun Golden French Fries</p> <p>Canned Fruit 1% Milk</p>
<p>19</p> <p>Salisbury Steak Garlic Mashed Potato Whole Grain Dinner Roll Garlic &amp; Herb Broccoli 1% Milk</p> <p>Crispy Chicken Sandwich Golden French Fries</p> <p>Canned Fruit 1% Milk</p>	<p>20</p> <p>Crispy Chicken Nuggets Golden French Fries Baked Beans</p> <p>Cheese Pizza Pepperoni Pizza</p> <p>Canned Fruit 1% Milk</p>	<p>21</p> <p>Beefy Nachos w/Cheese Sauce</p> <p>Refried Beans Brown Rice</p> <p>Cheeseburger on Bun Golden French Fries</p> <p>Canned Fruit 1% Milk</p>	<p>22</p> <p>Chicken Bacon Ranch Melt Steamed Carrots</p> <p>Sausage Pizza Pepperoni Pizza</p> <p>Canned Fruit 1% Milk</p>	<p>23</p> <p>French Bread Pizza Corn</p> <p>Crispy Chicken Nuggets Golden French Fries</p> <p>Canned Fruit 1% Milk</p>
<p>26</p> <p>Meatballs and Gravy Garlic Mashed Potato Green Beans Whole Grain Dinner Roll</p> <p>Crispy Chicken Sandwich Golden French Fries</p> <p>Canned Fruit 1% Milk</p>	<p>27</p> <p>Mini Corn Dogs Golden French Fries Baked Beans</p> <p>Cheese Pizza Pepperoni Pizza</p> <p>Canned Fruit 1% Milk</p>	<p>28</p> <p>Grilled Ham &amp; Cheese Sandwich Homemade Tomato Soup</p> <p>Cheeseburger on Bun Golden French Fries</p> <p>Canned Fruit 1% Milk</p>	<p>29</p> <p>Sloppy Joe on a Bun Kettle Potato Chips Garlic &amp; Herb Broccoli</p> <p>Crispy Chicken Nuggets Golden French Fries</p> <p>Canned Fruit 1% Milk</p>	<p>30</p>

INFORMATION

EXTRA INFO

1% White milk is included with Breakfast and lunch.  
All children 18 and under free  
For questions or comments, contact  
Dewayne McFadden at 262-692-2453 X414  
or email dmcfadden@nosd.edu

HARVEST OF



THE MONTH

All the menu information on our app **Taher Food4Life®**



www.taher.com

Menus are subject to change without notice.