



Don't forget  
to eat your  
vegetables.

# Elementary Breakfast Menu

Fresh Vegetable Choices and Seasonal Fruit  
are Offered Daily on the Fruit & Vegetable

September  
2020

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

NO SCHOOL  
HAPPY HOLIDAY

1  
Cinnamon Roll  
  
Choice Cereal  
Graham Cracker  
  
Fresh Vegetable  
Fruit / Milk

2  
Pop Tart  
  
Choice Cereal  
String Cheese  
  
Fresh Vegetable  
Juice / Milk

3  
Long John  
  
Choice Cereal  
Graham Cracker  
  
Fresh Vegetable  
Fruit / Milk

4  
Banana Bread Loaf  
  
Choice Cereal  
Graham Cracker  
  
Fresh Vegetable  
Juice / Milk

7  
NO SCHOOL  
HAPPY HOLIDAY

8  
Banana Bread Loaf  
  
Choice Cereal  
Graham Cracker  
  
Fresh Vegetable  
Fruit / Milk

9  
Breakfast Sandwich  
  
Choice Cereal  
  
Fresh Vegetable  
Juice / Milk

10  
Long John  
  
Choice Cereal  
Graham Cracker  
  
Fresh Vegetable  
Fruit / Milk

11  
Pancake  
Sausage Link  
  
Choice Cereal  
  
Fresh Vegetable  
Juice / Milk

14  
French Toast Stick  
Sausage Link  
  
Choice Cereal  
  
Fresh Vegetable  
Juice / Milk

15  
Mini Donut  
  
Choice Cereal  
Graham Cracker  
  
Fresh Vegetable  
Fruit / Milk

16  
Breakfast Sandwich  
  
Choice Cereal  
  
Fresh Vegetable  
Juice / Milk

17  
Long John  
  
Choice Cereal  
Graham Cracker  
  
Fresh Vegetable  
Fruit / Milk

18  
Scrambled Egg  
Bacon, Fried Potato  
  
Choice Cereal  
  
Fresh Vegetable  
Juice / Milk

21  
Waffle on Stick  
Sausage Patty  
Choice Cereal  
String Cheese  
  
Fresh Vegetable  
Juice / Milk

22  
Cinnamon Roll  
  
Choice Cereal  
Graham Cracker  
  
Fresh Vegetable  
Fruit / Milk

23  
Breakfast Sandwich  
  
Choice Cereal  
  
Fresh Vegetable  
Juice / Milk

24  
Long John  
  
Choice Cereal  
Graham Cracker  
  
Fresh Vegetable  
Fruit / Milk

25  
Breakfast Pizza  
  
Choice Cereal  
String Cheese  
  
Fresh Vegetable  
Juice / Milk

28  
Pancake on Stick  
  
Choice Cereal  
String Cheese  
  
Fresh Vegetable  
Juice / Milk

29  
Banana Bread Loaf  
  
Choice Cereal  
Graham Cracker  
  
Fresh Vegetable  
Fruit / Milk

30  
Breakfast Sandwich  
  
Choice Cereal  
  
Fresh Vegetable  
Juice / Milk

Choose **MyPlate.gov**

**FOOD**  
4  
*Thought*

## PRICES

Regular	\$1.70
Reduced	\$0.30
Adult	\$2.75
	\$0.00
Extra Milk	\$0.40

## HARVEST OF THE MONTH



## EXTRA INFO

Milk choice of 1% White, Skim or Chocolate  
Skim is included with lunch.  
Entree Salads are served with Dinner Roll  
For questions or comments, contact  
Dewayne McFadden at 262-692-2453 x415  
or email [dmcfadden@nosd.edu](mailto:dmcfadden@nosd.edu)

