



Don't forget  
to eat your  
vegetables.

# Elementary Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit  
are Offered Daily on the Fruit & Vegetable Bar

September  
2020

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

1

HAPPY HOLIDAY

NO SCHOOL

1

Cheese Burger  
French Fries  
Baked Bean

Chef Salad

Fruit & Milk

2

Chicken Nugget  
Roll  
Green Bean

Ham&Cheese Sandwich

Fruit & Milk

3

French on a Stick  
Sausage Link  
Fried Potato

Caesar Salad

Fruit & Milk

4

Cheese Pizza  
Roast Broccoli

Yogurt Pack

Fruit & Milk

7

HAPPY HOLIDAY

NO SCHOOL

8

Chicken Patty  
French Fries  
Steam Broccoli

Southwest Salad

Fruit & Milk

9

Beefy Nachos  
Refried Bean  
Rice

Caesar Salad

Fruit & Milk

10

1/2 Turkey Sandwich  
Pretzel  
Go - Gurt

Crispy Chicken Salad

Fruit & Milk

11

Cheese Cal zone  
Mixed Veggie

Yogurt Pack

Fruit & Milk

14

Chicken & Gravy  
Mashed Potato, Roll

PBJ Sandwich

Fruit & Milk

15

Roast Hot Dog  
Side of Mac&Cheese  
Baked Bean

Garden Salad

Fruit & Milk

16

Pasta & Meat Ball  
Garlic Bread  
Side Salad

Ham & Cheese Sandwich

Fruit & Milk

17

Waffle on a Stick  
Sausage Link  
Fried Potato

Crispy Chicken Salad

Fruit & Milk

18

French Bread Pizza  
Green Bean

Yogurt Pack

Fruit/Milk

21

Salisbury Steak Gravy  
Mashed Potato  
Carrots  
Dinner Roll

Chicken Salad

Fruit & Milk

22

Mini Corn Dog  
French Fries  
Steam Broccoli

Chef Salad

Fruit & Milk

23

Soft Shell Taco  
Refried Bean  
Rice

Turkey&Cheese Sandwich

Fruit & Milk

24

Cheese / Sausage  
Go - Gurt  
Cracker  
Garden Salad

Fruit & Milk

25

Max- Cheese Stick  
Marinara Sauce  
Mixed Veggie

Yogurt Pack

Fruit & Milk

28

Chicken Meatball  
Mashed Potato  
Dinner Roll  
Roast Broccoli

PBJ Sandwich

Fruit & Milk

29

Corn Dog on a Stick  
French Fries  
Carrots

Taco Salad

Fruit & Milk

30

Chicken Parmesan  
Noodles, Garlic Bread  
Green Bean

Turkey&Cheese Sandwich

Fruit & Milk

Choose **MyPlate.gov**

FOOD  
4  
Thought

## PRICES

Regular	\$2.80
Reduced	\$0.40
Adult	\$4.35
Extra Milk	\$0.40

## HARVEST OF THE MONTH



## EXTRA INFO

Milk choice of 1% White, Skim or Chocolate  
Skim is included with lunch.  
Entree Salads are served with Dinner Roll  
For questions or comments, contact  
Dewayne McFadden at 262-692-2453 x414  
or e-mail [dmcfadden@nosd.edu](mailto:dmcfadden@nosd.edu)

